

# 2022 Ohio State Women's Cross Country

## 2022 Women's Individual Finishes/Times

Finish Buckeye Time

### Wright State Mike Baumer Cross Country Classic (5K)

#### Sept. 2, 2022 - Fairborn, Ohio

1	Addie Engel	17:23.5
3	Daniella Santos	17:33.7
4	Andrea Kuhn	17:34.8
5	Akemi Von Scherr	17:59.8
6	Audrey DeSantis	18:01.8
7	Morgan Schmitt	18:03.9
16	Ana Karmol	18:29.1
18	Ava Tenaglia	18:30.4
19	Gia Napoleon	18:30.6
20	Annie Allen	18:31.1
23	Samantha Coleman	18:36.3
26	Emma Bucher	18:42.5
35	Sydney Paul	18:55.7
37	Rose Hoelzel	19:03.9
39	Juliana Metz	19:08.7
77	Aniya Mosley	20:34.6
85	Sophia Spencer	20:55.7
96	Kathleen Shay	21:21.8

### Big Ten Preview (6K)

#### Sept. 9, 2022 - Ann Arbor, Mich.

1	Addie Engel	20:54.4
5	Daniella Santos	21:12.2
9	Andrea Kuhn	21:25.4
22	Morgan Schmitt	21:59.7
28	Akemi Von Scherr	22:11.7
31	Audrey DeSantis	22:18.2
39	Annie Allen	22:45.0
46	Gia Napoleon	22:52.9
54	Ava Tenaglia	23:03.7
59	Juliana Metz	23:13.1
62	Sydney Paul	23:29.6
66	Emma Bucher	23:41.8
71	Rose Hoelzel	23:52.1
72	Ana Karmol	23:58.0

### Roy Griak Invitational (6K)

#### Sept. 23, 2022 - Minneapolis, Minn.

2	Addie Engel	20:39.1
7	Daniella Santos	21:04.1
10	Andrea Kuhn	21:12.3
49	Akemi Von Scherr	21:54.5
56	Morgan Schmitt	21:59.3
73	Audrey DeSantis	22:13.7
110	Samantha Coleman	22:59.2
113	Gia Napoleon	23:01.0
132	Ava Tenaglia	23:25.1
149	Sydney Paul	23:42.5
151	Annie Allen	23:43.6
163	Emma Bucher	24:02.6

### Loyola Lakefront Invitational (6K)

#### Sept. 30, 2022 - Chicago, Ill.

##### Maroon (seeded) Race

2	Akemi Von Scherr	21:20.5
6	Morgan Schmitt	21:34.4
9	Audrey DeSantis	21:48.8
20	Gia Napoleon	22:15.6
21	Emma Bucher	22:18.2
31	Samantha Coleman	22:45.9
47	Ava Tenaglia	23:25.4

##### Gold Race

4	Annie Allen	22:40.3
5	Sydney Paul	22:57.1
6	Ana Karmol	23:17.5
13	Rose Hoelzel	24:03.1

### Texas A&M Arturo Barrios Invite

#### Oct. 15, 2022 - Bryan-College Station, Texas

2	Addie Engel	20:02.3
3	Daniella Santos	20:17.8
9	Andrea Kuhn	20:41.4
10	Morgan Schmitt	20:43.6
14	Akemi Von Scherr	20:57.1
32	Annie Allen	21:26.6
38	Audrey DeSantis	21:38.2
57	Gia Napoleon	21:55.3
84	Emma Bucher	22:20.8
113	Sydney Paul	22:37.2
139	Ava Tenaglia	22:59.3

### Big Ten Championships

#### Oct. 28, 2022 - Ann Arbor, Mich.

1	Addie Engel	20:00.0
4	Daniella Santos	20:15.8
6	Andrea Kuhn	20:18.7
32	Akemi Von Scherr	21:06.4
68	Morgan Schmitt	21:40.4
77	Audrey DeSantis	21:50.5
87	Gia Napoleon	22:01.0
101	Annie Allen	22:12.1
103	Emma Bucher	22:15.9
123	Samantha Coleman	22:49.0
132	Ava Tenaglia	22:59.4
148	Sydney Paul	24:32.6

## 2022 Ohio State Women's Cross Country

### 2022 Women's Results

Date	Meet (Distance)	Site	Top Buckeye	Team Finish (Points)
Sept. 2	Mike Baumer XC Classic (5K)	Fairborn, Ohio	Addie Engel (17:23.5/1st)	1st/13 (19)
Sept. 9	B1G Preview (6K)	Ann Arbor, Mich.	Addie Engel (20:54.4/1st)	2nd/6 (62)
Sept. 23	Roy Griak Invite (6K)	Minneapolis, Minn.	Addie Engel (20:39.1/2nd)	5th/20 (124)
Sept. 30	Lakefront Invite (6K)	Chicago, Ill.	Akemi Von Scherr (21:21/2nd)	2nd/11 (58)
Oct. 15	Texas A&M Barrios Invite (6K)	College Station, Texas	Addie Engel (20:02.3/2nd)	1st/38 (38)
Oct. 28	Big Ten Champs (6K)	Ann Arbor, Mich.	Addie Engel (20:00.0/1st)	4th/14

Name	WSU Baumer (5K)	B1G Preview (6K)	Griak (6K)	Lakefront (6K)	Barrios	B1G	Regionals	Personal Best	
								6K	5K
Allen	18:31.1	22:45.0	23:43.6	22:40.3	21:26.6	22:12.1		21:26.6 (2022 Barrios)	18:31.1 (2022 Baumer)
Bucher	18:42.5	23:41.8	24:02.6	22:18.2	22:20.8	22:15.9		22:15.9 (2022 B1G)	18:14.7 (2021 Evansville)
Coleman	18:36.3		22:59.2	22:45.9		22:49.0		22:45.9 (2022 Lakefront)	18:36.3 (2022 Baumer)
Dawson									
DeSantis	18:01.8	22:18.2	22:13.7	21:48.8	21:38.2	21:50.5		21:38.2 (2022 Barrios)	18:01.8 (2022 Baumer)
Engel	17:23.5	20:54.4	20:39.1		20:02.3	20:00.0		19:59.6 (2021 Regionals)	17:23.5 (2022 Baumer)
Figler									
Gigandet									19:39.0 (2021 ND)
Guagenti								20:40.0 (Jan. 2021 B1G)	
Hoelzel	19:03.9	23:52.1		24:03.1				23:52.1 (2022 B1G PV)	19:03.9 (2022 Baumer)
Hudson									
Karmol	18:29.1	23:58.0		23:17.5				23:17.5 (2022 Lakefront)	18:29.1 (2022 Baumer)
Kuhn	17:34.8	21:25.4	21:12.3		20:41.4	20:18.7		20:18.7 (2022 B1G)	17:34.8 (2022 Baumer)
Metz	19:08.7	23:13.1						22:41.3 (2021 PSU)	18:38.9 (2021 Evansville)
Mlynec								23:45.5 (2021 PSU)	19:13.6 (2021 Evansville)
Mosley	20:34.6								20:34.6 (2022 Baumer)
C. Napoleon									
G. Napoleon	18:30.6	22:52.9	23:01.0	22:15.6	21:55.3	22:01.0		21:55.3 (2022 Barrios)	18:30.6 (2022 Baumer)
Paul	18:55.7	23:29.7	23:42.5	22:57.1	22:37.2	24:32.6		22:37.2 (2022 Barrios)	18:55.7 (2022 Baumer)
Santos	17:33.7	21:12.2	21:04.1		20:17.8	20:15.8		20:15.8 (2022 B1G)	17:33.7 (2022 Baumer)
Schmitt	18:03.9	21:59.7	21:59.3	21:34.4	20:43.6	21:40.4		20:43.6 (2022 Barrios)	18:03.9 (2022 Baumer)
Shay	21:21.8							22:21.1 (2019 Regional)	18:36.9 (2019 Jenna)
Spencer	20:55.7							23:12.8 (2021 PSU)	18:32.7 (2021 Evansville)
Stull									
Tenaglia	18:30.4	23:03.7	23:25.1	23:25.4	22:59.3	22:59.4		22:59.3 (2022 Barrios)	18:30.4 (2022 Baumer)
Von Scherr	17:59.8	22:11.7	21:54.5	21:20.5	20:57.1	21:06.4		20:57.1 (2022 Barrios)	17:44.9 (2021 ND)
Team	1st	2nd	5th	2nd	1st	4th			

Red indicates personal best

# 2022 Ohio State Men's Cross Country

## 2022 Individual Finishes/Times

Finish	Buckeye	Time
<b>WSU Mike Baumer XC Classic (5K)</b>		
<b>Sept. 2, 2022 - Fairborn, Ohio</b>		
3	Kaleb Martin	15:09.8
4	Nathaniel Tamminga	15:09.8
6	Keegan Souhan	15:13.8
8	Sean Carney	15:17.9
12	Ivan Slyepkan	15:23.7
16	John Cuzzo	15:26.7
17	Zach Shultz	15:27.1
22	Jack Good	15:29.9
28	Zubin Jha	15:35.1
30	Colby Adams	15:38.8
31	Alex Dediu	15:41.1
55	Zach Plotkin	16:09.6
61	Giovanni Copploe	16:12.1

## UM Big Ten Preview

<b>Sept. 9, 2022 - Ann Arbor, Mich.</b>		
28	Zubin Jha	18:47.3
31	Sean Carney	18:49.1
35	John Cuzzo	18:52.0
37	Keegan Souhan	18:55.9
39	Ivan Slyepkan	18:59.5
41	Kaleb Martin	19:02.4
42	Alex Dediu	19:04.2
45	Zach Shultz	19:09.3
49	Jack Good	19:22.1
53	Giovanni Copploe	19:26.9
60	Colby Adams	19:44.9
66	Zach Plotkin	20:09.3

## Roy Griak Invitational

<b>Sept. 23, 2022 - Minneapolis, Minn.</b>		
49	Nathaniel Tamminga	25:12.4
65	Zubin Jha	25:26.1
73	Ivan Slyepkan	25:32.8
93	Sean Carney	25:52.2
96	Kaleb Martin	25:54.1
120	John Cuzzo	26:14.0
123	Alex Dediu	26:18.5
125	Jack Good	26:20.2
132	Zach Shultz	26:27.5
150	Colby Adams	26:46.2
162	Giovanni Copploe	27:02.3
164	Keegan Souhan	27:11.0

## Loyola Lakefront Invitational (8K)

<b>Sept. 20, 2022 - Chicago, Ill.</b>		
<b>Maroon Race</b>		
8	Nathaniel Tamminga	24:52.7
15	Giovanni Copploe	25:11.3
17	Ivan Slyepkan	25:16.2
18	Zubin Jha	25:16.3
20	Kaleb Martin	25:21.0
23	Sean Carney	25:24.7
37	Jack Good	25:56.3
<b>Gold Race</b>		
1	John Cuzzo	25:32.8
8	Colby Adams	26:28.2
15	Keegan Freyhof	26:49.8

## Texas A&M Arturo Barrios Invite

<b>Oct. 14, 2022 - Bryan-College Station, Texas</b>		
11	Nathaniel Tamminga	24:06.1
23	Giovanni Copploe	24:17.6
33	Sean Carney	24:32.9
35	Zubin Jha	24:37.5
38	Kaleb Martin	24:39.7
56	Zach Shultz	24:51.1
68	Ivan Slyepkan	24:59.1
73	Colby Adams	25:03.9
84	Jack Good	25:10.9
95	Keegan Souhan	25:15.2
110	John Cuzzo	25:25.7
161	Keegan Freyhof	25:53.2

## Big Ten Championships

<b>Oct. 28, 2022 - Ann Arbor, Mich.</b>		
27	Giovanni Copploe	24:53.9
56	Nathaniel Tamminga	25:21.2
59	Zach Shultz	25:24.8
63	Sean Carney	25:28.6
56	Zubin Jha	25:34.7
78	Keegan Souhan	25:45.6
89	Kaleb Martin	25:56.0
94	John Cuzzo	26:02.4
96	Ivan Slyepkan	26:07.2
105	Colby Adams	26:18.3
109	Jack Good	26:28.5

## 2022 Ohio State Men's Cross Country

### 2022 Results

Date	Meet (Distance)	Site	Top Buckeye	Team Finish (Points)
Sept. 2	WSU Mike Baumer XC Classic (5K)	Fairborn, Ohio	Kaleb Martin (15:09.8/3rd)	1st/15 (33)
Sept. 9	Michigan Big Ten Preview (6K)	Ann Arbor, Mich.	Zubin Jha (18:47.3/28th)	5th/6 (126)
Sept. 23	Roy Griak Invitational (8K)	Minneapolis, Minn.	Nathaniel Tamminga (25:12.4/49th)	13th/17 (333)
Sept. 30	Loyola Lakefront Invitational (8K)	Chicago, Ill.	Nathaniel Tamminga (24:53/6th)	2nd/8 (61)
Oct. 15	Texas A&M Barrios Invite (8K)	College Station, Texas	Nathaniel Tamminga (24:06.1/11th)	2nd/40 (136)
Oct. 28	Big Ten Championships (8K)	Ann Arbor, Mich.	Giovanni Copploe (24:53.9/27th)	8th/12 (232)

### OSU XC Personal Bests

Name	WSU (5K)	B1G Preview (6K)	Griak (8K)	Lakefront (8K)	Barrios (8K)	B1Gs (8K)	Reg. (8K)	8K	6K	10K	5.2 mile	5 mile	5K
Adams	15:38.8	19:44.9	26:46.2	26:28.2	25:03.9	26:18.3		25:03.9 (2022 Barrios)	19:44.9 (2022 B1G PV)				15:38.8 (2022 Baumer)
Agnew								24:52.5 (2021 Pre-Nats)		31:18.1 (2021 Regional)	26:11.2 (2021 PSU)	25:45.7 (2021 ND)	
Carney	15:17.9	18:49.1	25:52.2	25:24.7	24:32.9	25:28.6		24:32.9 (2022 Barrios)	18:49.1 (2022 B1G PV)		27:03.8 (2021 PSU)	26:13.4 (2021 ND)	15:17.9 (2022 Baumer)
Copploe	16:12.1	19:26.9	27:02.3	25:11.3	24:17.6	24:53.9		24:17.6 (2022 Barrios)	19:26.9 (2022 B1G PV)	31:54.7 (2019 Regional)	26:35.8 (2021 B1G)	25:46.4 (2021 ND)	16:12.1 (2022 Baumer)
Cuozzo	15:26.7	18:52.0	26:14.0	25:32.8	25:25.7	26:02.4		25:25.7 (2022 Barrios)		32:24.2 (2021 Regional)		26:26.1 (2021 ND)	15:26.7 (2022 Baumer)
Dediu	15:41.1	19:04.2	26:18.5					26:09.4 (Jan. 2021 B1G)	19:04.2 (2022 B1G PV)				15:41.1 (2022 Baumer)
Freyhof			26:49.8	25:53.2				25:53.2 (2022 Barrios)					
Good	15:29.9	19:22.1	26:20.2	25:56.3	25:10.9	26:28.5		25:10.9 (2022 Barrios)	19:22.1 (2022 B1G PV)		27:37.4 (2021 PSU)		15:29.9 (2022 Baumer)
Jemison													
Jha	15:35.1	18:47.3	25:26.1	25:16.3	24:37.5	25:34.7		24:20.1 (2021 Pre-Nats)	18:47.3 (2022 B1G PV)	31:16.9 (2021 Regional)	25:41.9 (2021 B1G)	25:21.8 (2021 ND)	15:35.1 (2022 Baumer)
Martin	15:09.8	19:02.4	25:54.1	25:21.0	24:39.7	25:56.0		24:39.7 (2022 Barrios)	19:02.4 (2022 B1G PV)			25:57.4 (2021 ND)	15:09.8 (2022 Baumer)
Plotkin	16:09.6	20:09.3						26:59.0 (2021 Evansville)	20:09.3 (2022 B1G PV)		29:18.1 (2021 PSU)	27:38.1 (2021 ND)	16:09.6 (2022 Baumer)
Shultz	15:27.1	19:09.3	26:27.5		24:51.1	25:24.8		24:51.1 (2022 Barrios)	19:09.3 (2022 B1G PV)	32:18.8 (2019 Regional)	26:45.6 (2021 PSU)		15:27.1 (2022 Baumer)
Slyepkan	15:23.7	18:59.6	25:32.8	25:16.2	24:59.1	26:07.2		24:56.3 (2021 Pre-Nats)	18:59.6 (2022 B1G PV)	32:10.2 (2021 Regional)	26:14.9 (2021 B1G)	26:43.0 (2021 ND)	15:23.7 (2022 Baumer)
Souhan	15:13.8	18:55.9	27:11.0		25:15.2	25:45.6		25:15.2 (2022 Barrios)	18:55.9 (2022 B1G PV)				15:13.8 (2022 Baumer)
Tamminga	15:09.8		25:12.4	24:52.7	24:06.1	25:21.2		24:06.1 (2022 Barrios)					15:09.8 (2022 Baumer)
Team	1st	5th	13th	2nd	2nd	8th							

Red indicates OSU personal best