



OHIO STATE ATHLETIC TRAINING

535 Irving Schottenstein Dr. | Columbus, Ohio 43210

Dear Visiting Athletic Trainer,

Welcome to The Ohio State University for your upcoming game! I would like to take this opportunity to inform you of the athletic training and medical services available to you during your stay in Columbus. If I can assist you during your visit, please do not hesitate to contact me using any of the contact information below.

The Athletic Training Room is located at 410 Woody Hayes Drive in St. John Arena. The regular operating hours for the Athletic Training Room are Monday through Friday from 8:00am until 5:00pm. On the day of the game, the Athletic Training Room will be available approximately 2 hours prior to the start of the game, or earlier upon request. Please note, there is no athletic training room in the OSU Ice Rink therefore, treatments other than cryotherapy and thermotherapy, you may utilize the St. John Arena Athletic Training Room.

Please feel free to use the Athletic Training Room as needed. If outside normal operating hours feel free to call or email with additional requests. The following items will be available for practice and competition:

PRACTICE	COMPETITION	ATHLETIC TRAINING ROOM
<ul style="list-style-type: none"> • Ice water • Cups • Chest with ice bags and wrap 	<ul style="list-style-type: none"> • Ice water (bench and locker room; cups included) • Gatorade (locker room; cups included) • Sweat towels (bench) • Chest with ice bags and wrap • Emergency Equipment (AED, Spine Board, Splints, Crutches, etc.) • Biohazard Materials 	<ul style="list-style-type: none"> • Cryotherapy • Thermotherapy • Ultrasound • E-Stim

If your team is NOT traveling with a Certified Athletic Trainer, please arrange in advance to accommodate your teams' needs as treatments will only be performed upon request with a prescription or documentation.

A Certified Athletic Trainer and Athletic Training Student will be present throughout the entirety of competitions. A Team Physician and Emergency Medical Services (EMS) will be on-site for all competitions.

Again, if you have any questions or special requests, please do not hesitate to email or call. Good luck in the upcoming competition and we hope you have a safe and enjoyable trip to Columbus!

Kevin Lennon, MS, AT, ATC

Office: 614-292-7860

Fax: 614-292-9301

Cell: 920-540-8624

Lennon.90@osu.edu

IMPORTANT MEDICAL SITES:

OSU After Hours Clinic at Martha Morehouse

2050 Kenny Rd., 2nd Floor,

Suite 2400 Columbus, OH 43210

Phone: 614-685-3357

M-F 4:00 PM - 9:30 PM Sa-Su 10:00 AM - 5:30 PM

University Hospitals- Main ER

410 W. 10th Ave.

Columbus, OH 43210

Emergency Room: 614-293-8333