



OHIO STATE ATHLETIC TRAINING

535 Irving Schottenstein Dr. | Columbus, Ohio 43210

Welcome to Ohio State University for your upcoming match. I hope to make your visit here as smooth as possible. The competition floor is located in The Covelli Center at 2640 Fred Taylor Dr. Columbus, Ohio 43210. The athletic training room in the Covelli Center is located in the north hallway from the competition floor. The regular operating hours for the Athletic Training Room are Monday through Friday from 8:00am until 5:00pm. On the day of the competition, the Athletic Training Room will be available approximately 3 hours prior to the start of the meet, or earlier upon request.

Please feel free to use the Athletic Training Room as needed. If outside normal operating hours feel free to call with additional requests. The following items will be available for practice and competition:

PRACTICE	COMPETITION	ATHLETIC TRAINING ROOM
<ul style="list-style-type: none"> - Ice Water - Cups - Injury ice, bags, and wrap 	<ul style="list-style-type: none"> - Ice Water - Gatorade - Cups - Injury Ice, bags, and wrap - Emergency Equipment- AED, vacuum splints, crutches - Biohazard materials and small first aid kit 	<ul style="list-style-type: none"> - Cryotherapy - Thermotherapy - Electrical Stimulation - Ultrasound - Rehabilitation Equipment

There will be a certified athletic trainer and team physician present through the entirety of competitions. Emergency medical services will be on-call if needed. If your team plans to travel without an athletic trainer, please arrange any needs in advance as any treatments will only be performed with prescription or documentation. If you have any further needs, please do not hesitate to contact me using the information below. I wish you a great stay in Columbus!

Thank you,

Erin Ralston, MEd, ATC
Assistant Athletic Trainer
Office: 614-292-2078
Cell: 937-776-2462
Ralston.126@osu.edu

Important Medical Sites:
OSU After Hours Clinic at Martha Morehouse
2nd Floor, Suite 2400
2050 Kenny Rd.
Columbus, OH 43210
Phone: 614-685-3357

Hours:
Mon-Fri 4pm-9:30pm
Sat-Sun: 10am-5:30pm

University Hospitals- Main ER
410 W. 10th Ave.
Columbus, OH 43210
Emergency Room: 614-293-8333