



OHIO STATE ATHLETIC TRAINING

535 Irving Schottenstein Dr. | Columbus, Ohio 43210

Dear Women's Lacrosse Visiting Athletic Trainer,

Welcome to The Ohio State University for your upcoming game! I would like to take this opportunity to inform you of the athletic training and medical services available to you during your stay in Columbus. If I can assist you during your visit, please do not hesitate to contact me.

The Biggs Athletic Training Room is located in the Schumaker Complex at 615 Irving Schottenstein Drive. If your game is scheduled to be played at the Woody Hayes Athletic Center (WHAC) or Jesse Owens Memorial Stadium (JOMS), on the day of the game the Athletic Training Room will be available approximately 2 hours prior to the start of the game upon request. If your game is scheduled to be played at Ohio Stadium, there is not a main athletic training room so please contact me ahead of time with any modality machine needs.

The following items will be available for practice and competition:

PRACTICE	COMPETITION	LOCKER ROOM
<ul style="list-style-type: none"> • 10 gallons of water w/ cups • Chest with Ice bags and wrap 	<ul style="list-style-type: none"> • 10 gallons of water w/ cups • 7 gallons of Gatorade w/ cups • Towels for bench • Chest with Ice Bags and wrap • Emergency Equipment (AED, Spine Board, Splints, Crutches, etc.) • Biohazard Materials 	<ul style="list-style-type: none"> • 10 gallons of water • Chest with Ice bags and wrap • Taping/Treatment Table • Hydrocollater

If your team is not traveling with a certified athletic trainer, please inform us as soon as possible so arrangements can be made. An order from a physician is required for treatments to be provided. If you have any further questions feel free to contact me.

A team physician, certified athletic trainer, and an athletic training student will be present throughout the entirety of competitions. Emergency Medical Services (EMS) will not be on-site for the game.

Again, if you have any questions or special requests, please do not hesitate to contact me. Good Luck in the upcoming competition and we hope you have a safe and enjoyable trip to Columbus!

Rae Everson, MS, AT, ATC

Office: 614-292-1165

Everson.38@osu.edu

IMPORTANT MEDICAL SITES:

OSU After Hours Clinic at Martha Morehouse

2050 Kenny Rd., 2nd Floor, Suite 2400

Columbus, OH 43210

Phone: 614-685-3357

M-F 4:00 PM - 9:30 PM; Su-St 10:00 AM - 5:30 PM

University Hospitals- Main ER

410 W. 10th Ave.

Columbus, OH 43210

Emergency Room: 614-293-8333