



# Cheerleading Program

## Large Coed Team

*1981, 1983, 1993 UCA Division 1A LARGE COED NATIONAL CHAMPIONS*

*1980, 2001, 2019 UCA Division 1A Large Coed National Runner Up*

*2018 3<sup>rd</sup> place UCA Division 1A Large Coed Division*

*2019 2<sup>nd</sup> place UCA Division 1A Large Coed Division*

*Team members on United States Coed National Team*

*2010, 2011, 2012, 2014, 2015, 2018, 2019*

**The 2020-2021 team is selected through a recruitment process.**

Complete Recruit Questionnaire WITH Video: <https://ohiostatebuckeyes.com/cheerleading-recruiting-questionnaire/>  
Reach out to Head Coach- [Schreiber.72@osu.edu](mailto:Schreiber.72@osu.edu)

**15-17 males and 15-17 females will make up the 2020-21 Large Coed Team**

*Each female is a “flyer” who performs unassisted coed stunts*

*Each male is a “base” who performs unassisted coed stunts.*

**Tumbling:** Minimum skills evaulted when recruiting females- full twisting layout.

*Preferred skills: standing two backhandsprings to full and above*

*\*Males are expected to have a standing back tuck- fulls preferred!*

**Partner Stunts:** Minimum skills evaluated when recruiting males/ females: toss/ spinning stunts.

*Preferred skills: flipping stunts with multiple partners*

*\*I recommend attending our clinics to have the opportunity to work with the current team members and be seen by coaching staff (Attending clinics has no bearing on final team selection)*

**Scholarships.** Each team member receives an athletic scholarship ranging from 15-70% of in state tuition

**Admission- You must be accepted into the main campus of Ohio State**

Complete the FAFSA forms for federal student aid between 11/1/19 - 2/1/20. <http://sfa.osu.edu/>

Ohio State offers Merit scholarships with various criteria to incoming freshman students (both Ohio residents and out of state residents). Admission applications via the common app are due by **November 1, 2019.** Visit [meritawards.osu.edu](https://www.osu.edu/futurestudents/) <https://www.osu.edu/futurestudents/>

**Activities:** Team members participate in the following activities:

- \*Home and Away football games
- \*Home men’s /women’s basketball games- BIG/ NCAA Tournaments
- \*Women’s volleyball games
- \*School and community events on and off campus
- \*Select members (9 males and 7 females) UCA Nationals Team

**2019-20 Practice Schedule**

Fall: Mondays/ Tuesdays/ Thursdays/ Fridays 4:30-7:15 pm  
Spring: Team practices 1-3 times per week Times TBD  
*2 Strength and Conditioning Sessions per week on Tues/Thurs during both semesters*

**Resources**

- \*OSU Varsity Sport Status
- \*Nike gear/ equipment
- \*Football Tickets
- \*Free access to tutors/ printing
- \*Sports Nutritionist
- \*Specialized Career Guidance/ Job Placement from Athletic Department Administration
- \*Strength and Conditioning Coaches
- \*Team Meals
- \*Priority Scheduling
- \*Sports Psychologist/ Team Nutritionist
- \*Fuel Zone supplements/ nutrition

**\*Please contact me for further information, to schedule a visit, and with further questions!**



**Ben Schreiber** [Schreiber.72@osu.edu](mailto:Schreiber.72@osu.edu)  
**Head Cheerleading Coach – The Ohio State University**