I. INTRODUCTION
The Department of Athletics at The Ohio State University ("OSUDA") advocates for the development of healthy and responsible lifestyles for student-athletes during their years of eligibility. Substance use disorders, crimes and other situations that occur while under the influence of mood-altering substances are a health and safety hazard in our society. Alcohol use by student-athletes who are under the legal drinking age in Ohio is against the law; for those student-athletes who are of legal drinking age in Ohio, excessive alcohol use is ill-advised and is strongly discouraged. The use of performance enhancing drugs is detrimental to student-athlete health, is a form of cheating, and constitutes unacceptable behavior.

Substances that are tested for include, but are not limited to, the substances listed below.

<table>
<thead>
<tr>
<th>Mood Altering Substances</th>
<th>Performance Enhancing Drugs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Depressants</strong></td>
<td>Anabolic Agents</td>
</tr>
<tr>
<td>- Marijuana</td>
<td>- testostosterone</td>
</tr>
<tr>
<td>- Synthetic Cannaboids</td>
<td>- synthetic anabolic steroids</td>
</tr>
<tr>
<td>- Alcohol (as written in this policy)</td>
<td>- growth hormone</td>
</tr>
<tr>
<td>- Barbiturates (unless physician prescribed)</td>
<td>- clenbuterol</td>
</tr>
<tr>
<td>- Tranquilizers (unless physician prescribed)</td>
<td>- human chorionic gonadotropin</td>
</tr>
<tr>
<td><strong>Stimulants</strong></td>
<td>Enhancers of Oxygen</td>
</tr>
<tr>
<td>- Amphetamines (unless physician prescribed)</td>
<td>- Erythropoietin</td>
</tr>
<tr>
<td><strong>Opiates</strong></td>
<td>Masking Agents</td>
</tr>
<tr>
<td>- Heroin</td>
<td>- diuretics/water pills (unless physician prescribed)</td>
</tr>
<tr>
<td>- Morphine (unless physician prescribed)</td>
<td>- probenecid (unless physician prescribed)</td>
</tr>
<tr>
<td><strong>Hallucinogens</strong></td>
<td></td>
</tr>
<tr>
<td>- LSD</td>
<td></td>
</tr>
<tr>
<td>- psilocybin</td>
<td></td>
</tr>
<tr>
<td>- mescaline</td>
<td></td>
</tr>
</tbody>
</table>

The DA Program as it pertains to mood-altering substances will aim to:
- educate student-athletes about illegal substances and alcohol and the dangers associated with their use.
- educate student-athletes regarding the negative effects of illegal substances and alcohol on athletic performance.
- deter the use of illegal substances and alcohol through a comprehensive drug-testing program.
- identify student-athletes with substance use disorders to institute a plan of treatment in a timely manner.

In regards to performance enhancing drugs, student-athletes perform in highly competitive environments, which commonly favor a "win at all costs" philosophy. The student-athletes' desire to be successful can lead to the use of performance enhancing drugs to attain competitive goals. Such drugs give student-athletes an unfair advantage, and their use constitutes cheating. Additionally, these drugs have adverse side effects, which could be harmful to the health of student-athletes, with short and long-term repercussions. The DA Program as it pertains to performance enhancing drugs will aim to:
- educate student-athletes about the effects and dangers of drugs that are purported to be performance enhancing. The program will offer safe alternatives for improving sport performance.
- deter the use of performance enhancing substances through a comprehensive drug-testing program.
- aim to identify student-athletes who use these substances and address concerns and complications surrounding their use.

An oversight committee composed of testing and intervention coordinators, the medical review officer ("MRO"), the OSUDA Sports Medicine Administration group, the Associate Athletics Director for Sports performance, the Deputy Director of Athletics, and Student Athletic Advisory Committee, and Athletic Council will review the DA Program annually.

II. DRUG and ALCOHOL EDUCATION PROGRAM

a. Rationale
The focus of the education program is on the wellness of the student-athlete as an individual and aims to address the changing needs and skills necessary to meet the demands facing student-athletes today. All incoming student-athletes are required to attend the "CHOICES Alcohol Education Program" provided by the Student-Athlete Peer Educators group. Special attention is given to drug and alcohol education, and personal health as it relates to drug and alcohol use. The OSUDA is responsible for offering and maintaining substance abuse education programs including, but not limited to, prescription drugs, marijuana, and other current drugs of abuse.

b. Goals
- To provide each student-athlete with an opportunity to gain knowledge about drug and alcohol use.
- To provide education on drug and alcohol related issues with empirically validated educational approaches including the "CHOICES" program.
c. Oversight and Evaluation

The OSUDA Administration and the Student-Athlete Peer Educators and Athletic Council will review and provide suggestions for change to the educational component to the DA Program as needed.

III. DRUG and ALCOHOL TESTING

Drug testing will be conducted by the OSUDA, the Big Ten Conference (“Big Ten”) and the National Collegiate Athletic Association (“NCAA”) for marijuana, other mood altering substances, and performance enhancing substances. The OSUDA will not conduct random alcohol testing, but will conduct “just cause” and “reasonable cause” testing for alcohol. The Big Ten and the NCAA do not test for alcohol. Drug and/or alcohol testing is mandatory for all student-athletes listed on team rosters. When “student-athlete” is referenced in this policy, it shall include exhausted eligibility student-athletes, medical non-counters and spirit squad members. As a condition for any student-athlete to be a member of a varsity intercollegiate athletic team, the student-athlete must annually agree, in writing, to participate in the DA Program. Such monitoring is considered an extension of the ongoing physical examination of the student-athlete and is in the best interest of the student-athlete and the OSUDA. In addition to the OSUDA’s drug testing program, student-athletes may also be subject to drug testing by the Big Ten Conference and the NCAA. With respect to performance enhancing drugs, all Positive Test results (and the sanctions associated therewith) are cumulative for the duration of the student-athlete’s career at OSU.

The Department of Athletics will make every effort to keep test results confidential except as provided to the Management Team or other University employees who are deemed by the University to have a need to know the test results. The “Management Team” will consist of the Sport Administrator for the student-athlete’s respective sport, the MRO, the drug testing coordinator, the intervention coordinator and the head coach or his/her designee. If any person discloses confidential information concerning a Positive Test to anyone outside of the Management Team or others authorized to receive such information, then the disclosing person may be excluded from future involvement in alcohol and drug-related occurrences and may receive disciplinary action in connection with his/her employment.

If the University believes that a student-athlete has sold or provided an illegal drug or has illegally provided alcohol to another person, in addition to other potential consequences, such student-athlete may also be subject to dismissal from the team.

a. Types of Drug Testing – student-athletes are subject to four types of drug testing by four different governing bodies:

i. OSUDA Drug Testing

- Random drug test: periodic testing of a portion of the total student-athlete population will occur at regular intervals. This list will be randomly generated from each team’s roster by a computer at the testing laboratory.
- Total team drug test: can occur at any time with the approval of the MRO.
- Just cause drug or alcohol test: for student-athletes who demonstrate symptoms or behaviors indicative of substance or alcohol abuse.
- Reasonable cause drug or alcohol test: student-athletes who have previous violations in the DA Program will be tested individually or as part of a regularly scheduled test.

ii. NCAA Drug Testing

- Student-athletes from all varsity intercollegiate sports may be tested by the NCAA while participating in an NCAA championship event, a post-season football game or during a regularly scheduled on-campus NCAA test. On-campus NCAA testing includes testing only for performance enhancement substances. NCAA testing at a championship event or a post-season football game includes testing for both performance enhancement and street drugs. Student-athletes will be selected, by the testing agency for testing from NCAA team rosters.
- A list of NCAA Banned substances can be found here: http://www.ncaa.org/sites/default/files/2018-19NCAA_Banned_Drugs_20180608.pdf

iii. Big Ten Drug Testing

- The Big Ten Conference has a conference-wide performance enhancement drug testing program including year round testing on campus, summer testing (both on and off campus), and at selected Big Ten championships and tournaments. Student-athletes from all varsity intercollegiate sports may be subject to testing by the Big Ten Conference.

iv. Sport Governing Body Testing

- Student-athletes from varsity intercollegiate sports may be subject to drug and alcohol testing if their sport has a governing body which conducts drug testing.

b. OSUDA Testing Guidelines and Procedures:

i. Pre-Collection Guidelines and Procedures

- Upon the recommendation of the Director of Athletics or his/her designee and the testing coordinator, a testing date, site and time will be determined.
- A student-athlete is subject to random drug testing at any time with or without advance notification.
- A list of student-athletes to be tested will be generated from the drug-testing database. Random selection will occur with the use of a random number generator.
- The names of student-athletes not reporting to the scheduled test will be reported to the Director of Athletics or his/her designee.
ii. Collection Procedures

- The student-athlete must report to the designated testing site at the requested time. If the student-athlete has a class conflict or is out of town during the scheduled test, the student-athlete will report to a location for collection on a future date determined by the drug testing coordinator.
- Typically, two hours will be allocated for collection. The student-athlete is required to produce a usable specimen within that period. If the student-athlete is unable to produce a specimen within 2 hours, this may be viewed as refusal to test which could constitute a Positive Test.
- When the student-athlete arrives to the drug testing location, an athletic department designee will identify them. They will receive a wristband with their name and identification (ID) number. This will assist the collectors and the athletic department personnel during the collection process. The student-athlete will receive a “chain of custody” form with his/her assigned donor ID number included. The student-athlete will select a specimen container.
- The student-athlete will remain in visual contact with the collector and/or athletic department designee once he/she has checked in. The student-athlete may not leave the testing area until a specimen is produced.
- The collector will visually observe specimen collection while the student-athlete provides a sample. Visual observation for male student-athletes requires upper body clothing be removed before entering the restroom and lower body clothing to the knees while producing a specimen. Female student-athletes will be asked to wear a bra and lower body clothing to the knees while producing a specimen. If a student-athlete, employee or any other person is concerned about a breach of sexual boundaries, or has other reasons to believe that the drug testing collector has, or may have, displayed inappropriate sexual behavior it should be immediately reported to the drug testing coordinator or reported in accordance with the “Chaperone and Reporting of Sexual Misconduct Guidelines.”
- Pre-determined volumes and temperature guidelines will be followed for sample acceptance.
- If the student-athlete is unable to produce a sufficient amount, the first specimen will be discarded. He/she will remain in visual contact of testing personnel within the testing area until able to produce additional specimen of usable volume.
- After collection of specimen, the testing agency will follow its chain of custody standards.
- Every attempt will be made to keep the collection area limited to those scheduled to participate in drug testing collection to assist the collectors in controlling the testing area.
- The student-athlete may leave when they have produced a usable specimen and completed the appropriate paperwork.
- Failure to appear for a scheduled drug test or refusing to give a specimen will be cause for immediate suspension of the student-athlete from competition and/or practice and provides a basis for reasonable cause testing. This suspension will be in effect until reinstated by the Management Team.

iii. Post-Collection Guidelines and Procedures

- The testing personnel will submit the names of student-athletes who did not report to their scheduled drug test to the Director or Athletics (or his/her designee).
- Samples are sent via overnight express to the clinical laboratory for analysis.
- The samples are analyzed by the certified laboratory. The MRO and the drug testing coordinator will be notified of all results.

iv. Medical Review Process

- The MRO will provide administrative review of all documents.
- When a confirmed positive, adulterated, substituted or invalid test is received from the laboratory, the MRO will contact the student-athlete by phone or in person to conduct a medical review.
- The MRO will determine if there is a legitimate alternative medical explanation for a confirmed positive, adulterated, substituted, or invalid test result.
- The MRO may direct the split specimen (B sample) be sent to a separate certified laboratory at the request of the donor. Split specimens are tested using only the confirmatory test(s) needed to reconfirm the primary specimen result(s).
- The MRO may consult with the certifying scientist when assistance is needed on problematic test results.
- After review of all results and explanations, the MRO will issue a decision and either confirm or not confirm a Positive Test.
- The MRO will document such results on the Chain of Custody form, then report those results to the Drug Testing Coordinator.

v. Medical Exceptions

This OSUDA recognizes that some banned substances as well as some drugs tested in the ‘drugs of abuse’ panel are used for appropriate medical purposes. Accordingly, the OSUDA allows for exceptions if there is a documented medical history demonstrating need for use of the drug as well as documentation of the prescription information. Medical exceptions will be reviewed on an individual basis but will not be granted unless previously mentioned supporting documentation is received by the MRO.

A “Positive Test” shall be defined as a positive drug test conducted by any of the four governing bodies for any of the drugs tested (Marijuana, other Mood Altering Substances or Performance Enhancing Drugs) and confirmed by the MRO. A “Positive Test” is also defined as a Positive Test for alcohol conducted through reasonable cause testing or just cause testing and confirmed by the MRO (the OSUDA does not do random tests for alcohol). If a student-athlete is charged with certain criminal or traffic offenses related to alcohol and other substances (in particular, the following: operating a vehicle while impaired by alcohol or other substances; physical control of a vehicle while impaired by alcohol or other substances; or similar charges depending upon the jurisdiction), such charge shall also be deemed as a “Positive Test.” Such criminal offenses shall be referred to herein as “Criminal Vehicle Charges.” With any Positive Test, the Management Team shall be developed for the medical care of the student-athlete.
Sanctions for Positive Tests for each of the types of drugs tested (marijuana, Other Mood Altering and Performance Enhancing) are imposed separately and will not be combined with penalties for other substances. For instance, a first Positive Test for mood altering substances is treated independently of a first Positive Test for Performance Enhancing substances.

A student-athlete in the OSUDA can be drug tested by four governing bodies. The student-athlete is informed, when tested, which organization(s) are testing that day. If a Positive Test occurs, the sanctions are imposed by the respective organizations. However, a Positive Test for the NCAA, Big Ten or sport governing body will also be deemed as a Positive Test under the OSUDA policy, in the respective drug classification. The three governing bodies (in addition to the sport governing body) are:

- Big Ten Drug Testing Policy
- OSUDA. Below are the sanctions specific to the OSUDA policy. It is important to note that a coaching staff can impose stricter sanctions, if communicated to the team prior to testing and if the student-athlete acknowledges understanding of such team rules and stricter sanctions in writing prior to the Positive Test.

**IMPORTANT NOTE:** Failure to comply with the recommendations of the assessment and/or management plan will result in immediate suspension from all team activities and functions and will require a meeting with the Management Team to discuss future options. Each student-athlete will sign a form acknowledging they have been educated and understand the penalties associated for Positive Tests.

**ALL POSITIVE TESTS:**

- The Management Team will be informed
- The student-athlete will be evaluated by the intervention coordinator and/or a substance abuse counselor approved by the OSUDA to determine treatment options.
- Every student-athlete with a Positive Test will be subject to more frequent testing as part of the management plan.
- The Management Team will determine a plan for the student-athlete and will meet, as a full Management Team or in smaller subgroups of the Management Team, with the student-athlete at least once per year to oversee compliance and monitor progress.
- The student-athlete will be subject to reasonable cause testing as determined by the Management Team’s recommendations for a period of one year (from the date the Positive Test is confirmed by the MRO) provided no new Positive Tests occur during that time. If no Positive Tests occur within such year, the student-athlete will be removed from the reasonable cause testing category and will return to the random selection testing category throughout the rest of their eligibility, unless the Management Team recommends additional testing.

**a. FIRST POSITIVE TEST**

**For Marijuana or Alcohol**

- Referred for education/counseling. No suspension of competitive season play.

**For Other Mood Altering Substances**

- EXCLUDING Positive Tests for either Marijuana or Alcohol
- INCLUDING Criminal Vehicle Charges
  - Referred for education/counseling. No suspension of competitive season play.

**For Performance Enhancing Drugs**

- The student athlete will be subject to a twenty-five percent (25%) suspension from all competition beginning with the next available competition in the traditional season of competitive play.
  - Referred for education/counseling.

**b. SECOND POSITIVE TEST**

**For Marijuana or Alcohol**

- Referred for education/counseling. No suspension of competitive season play.

**For Other Mood Altering Substances**

- EXCLUDING Positive Tests for either Marijuana or Alcohol
- INCLUDING Criminal Vehicle Charges
  - The student-athlete will be subject to a twenty percent (20%) suspension from all competition beginning with the next available competition in the traditional season of competitive play. If the student-athlete competes in multiple sports, the suspension will be served in the sport season that the Positive Test occurred.
  - Referred for education/counseling.

**For Performance Enhancing Drugs**

- The student-athlete will be dismissed from the team, lose all remaining eligibility and lose athletic grant-in-aid.

**c. THIRD POSITIVE TEST**

**For Marijuana or Alcohol**

- Referred for education/counseling. No suspension of competitive season play.
  - A student-athlete with a third Positive Test for either Marijuana, or Alcohol will be subject to a ten percent (10%) suspension from all competition beginning with the next available competition in the traditional season of competitive play.
For Other Mood Altering Substances

EXCLUDING Positive Tests for either Marijuana or Alcohol

INCLUDING Criminal Vehicle Charges

- The student athlete who has a 3rd Positive Test will be subject to at least a one-year suspension and may be subject to dismissal from the team. Such suspension will begin with the next available competition in the traditional season of competitive play.
- Re-instatement to the team will be considered by the Athletic Director (or his/her designee) in consultation with the Management Team.
- Referred for education/counseling, if not dismissed from the team.

For Performance Enhancing Drugs

- A 3rd Positive Test is not applicable. The student-athlete is dismissed from the team and loses all remaining eligibility and grant-in-aid once there is a 2nd Positive Test.

d. FOURTH POSITIVE TEST

For Marijuana or Alcohol

- The student-athlete will meet with the Management Team to discuss recommended changes to the previous management plan.
- The student-athlete will be subject to a fifty percent (50%) suspension from all competition beginning with the next available competition in the traditional season of competitive play. If the student-athlete competes in multiple sports, the suspension will be served in the sport season that the Positive Test occurred.
- Referred for education/counseling.

For Other Mood Altering Substances

- The student-athlete will be dismissed from the team, loses all remaining eligibility and loses athletic grant-in-aid.

For Performance Enhancing Drugs

- A 4th Positive Test is not applicable. The student-athlete is dismissed from the team, loses all remaining eligibility and loses athletic grant-in-aid once there is a 2nd Positive Test.

e. FIFTH POSITIVE TEST

For Marijuana or Alcohol

- The student-athlete will meet with the Management Team to discuss recommended changes to the previous management plan.
- The student-athlete who has a 5th Positive Test will be subject to at least a one calendar-year suspension and may be subject to dismissal from the team. Such suspension will begin with the next available competition in the traditional season of competitive play.
- Referred for education/counseling, if not dismissed from the team.

Other Mood Altering Substances

- A 5th Positive Test is not applicable. The student-athlete is dismissed from the team, loses all remaining eligibility and loses athletic grant-in-aid, at the latest, once there is a 4th Positive Test.

Performance Enhancing Drugs

- A 5th Positive Test is not applicable. The student-athlete is dismissed from the team, loses all remaining eligibility and loses athletic grant-in-aid once there is a 2nd Positive Test.

f. SIXTH POSITIVE TEST: DISMISSAL

For Marijuana or Alcohol

- The student-athlete will be dismissed from the team, loses all remaining eligibility and loses athletic grant-in-aid.

Other Mood Altering Substances

- A 6th Positive Test is not applicable. The student-athlete is dismissed from the team, loses all remaining eligibility and loses athletic grant-in-aid, at the latest, once there is a 4th Positive Test.

Performance Enhancing Drugs

- A 6th Positive Test is not applicable. The student-athlete is dismissed from the team, loses all remaining eligibility and loses athletic grant-in-aid once there is a 2nd Positive Test.

<table>
<thead>
<tr>
<th>Marijuana / Alcohol</th>
<th>Other Mood Altering (including Criminal Vehicle Charges)</th>
<th>Performance Enhancing Drugs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Positive Test</td>
<td>0</td>
<td>25%</td>
</tr>
<tr>
<td>2nd Positive Test</td>
<td>0</td>
<td>Dismissed</td>
</tr>
<tr>
<td>3rd Positive Test</td>
<td>10%</td>
<td>n/a</td>
</tr>
<tr>
<td>4th Positive Test</td>
<td>50%</td>
<td>n/a</td>
</tr>
<tr>
<td>5th Positive Test</td>
<td>1 year or dismissed</td>
<td>n/a</td>
</tr>
<tr>
<td>6th Positive Test</td>
<td>dismissed</td>
<td>n/a</td>
</tr>
</tbody>
</table>
IV. DRUG TESTING APPEAL PROCESS FOR OSUDA POSITIVE TESTS

a. A student-athlete may appeal for two reasons:
   - to challenge the findings of the presence of a prohibited substance in a Positive Test or
   - to challenge the sanction imposed due to the Positive Test.

b. The appeal of the finding of the presence of a prohibited substance in a Positive Test must be based upon one of the following:
   - Evidence of procedural error; or
   - Evidence that refutes the positive finding; or
   - A medical exemption per NCAA guidelines.

c. The appeal of a sanction imposed as a result of a Positive Test must be based on one of the following:
   - Evidence of procedural error; or
   - Evidence that refutes the positive finding; or
   - Evidence that the sanction imposed is unreasonable, harsh or inappropriate.

d. To appeal a positive finding or an imposed sanction, the student-athlete must file a written appeal accompanied by all supporting evidence. The appeal must be filed within seven business days of notification of the Positive Test.

An Appeal Panel will review a student-athlete’s appeal. The Appeal Panel will consist of the faculty athletics’ representative, a representative from Counseling and Consultation Services, and a representative from Addiction Medicine at OSU East Hospital. At the appeal, the student-athlete has the right to present his/her case and present witnesses on his/her behalf. The appeal hearing will occur within seven business days of receipt of the appeal. The appeal hearing will consist of a review of all available evidence related to the initial finding as well as new evidence or documentation provided by the student-athlete.

The Appeal Panel shall decide one of the following:
   1. affirm the initial finding or sanction; or
   2. reverse the initial finding or sanction; or
   3. recommend retesting; or
   4. recommend an alternative sanction. The alternative sanction recommended by the Appeal Panel may not be harsher than the initial sanction.

A written copy of the appeal decision will be provided to the student-athlete and the Athletic Director or his/her designee within five business days following the hearing.

V. ASSESSMENT and TREATMENT

a. Philosophy
   The referral or self-referral of a student-athlete stems from a strong concern for the overall health, welfare and development of student-athletes. A referral or self-referral is sometimes recommended for assessment and/or treatment relating to alcohol and/or substance abuse/dependence or related issues. Assessment and treatment for substance abuse or dependence is not intended to and should not be construed as a punitive action. Assessment and treatment is provided by duly licensed and credentialed health-care professionals. The physicians and other health care consultants work cooperatively in the areas of assessment, treatment, referral and aftercare.

b. Assessment
   The intervention coordinator will coordinate assessment of the student-athlete who presents with alcohol and/or drug abuse/dependence issues. A behavioral plan, which includes expected behaviors, treatment goals and potential consequences, will be developed for each student-athlete. An additional assessment may be completed by a recognized substance abuse treatment facility with results of the assessment given to the intervention coordinator.

There are three circumstances by which a student-athlete will be seen by physicians and other health care consultants for assessment of possible substance dependence (or related concerns). These are:
   1. Referral by the MRO or the Director of Athletics or his/her designee following a Positive Test or other documented substance abuse related occurrences; (see section IV - Procedures Following a Positive Drug Test).
   2. Self-referral: Any student-athlete may refer him/herself for evaluation or counseling by contacting a coach, athletic trainer, team physician, or intervention coordinator. This arrangement is strictly confidential and no team or administrative sanctions are imposed upon the student-athlete who has made a personal decision to seek professional assistance. A treatment plan will be put into place and the student-athlete will not be sanctioned for self-referral. A student-athlete with a Positive Test after self-referral will be subject to the sanctions outlined in the DA Program.
   3. The team physician, coaching staff, athletic trainer or other staff may refer student-athletes for assessment and counseling. This referral can occur as a result of observing specific behaviors or becoming aware of information suggesting the student-athlete may be experiencing difficulty or be at risk for developing alcohol or substance abuse problems.

Student-athletes are referred to the intervention coordinator for case management relating to alcohol and/or drug abuse/dependency issues. Based upon results of the initial assessment, the intervention coordinator, in consultation with the team physician, will make appropriate recommendations for further evaluation, counseling and/or treatment. The student-athlete will be included in each phase of the assessment process.
c. **Treatment**

The management plan is based upon the assessed needs of the student-athlete. The plan will take into account the circumstances surrounding the referral, severity and duration of the presenting and accompanying problem(s), as well as overall (i.e., personal, social, academic, and athletic) functioning. The assessment may be completed by a recognized substance abuse treatment facility. Taking into account these factors, treatment recommendations may involve, but are not limited to, one or more of the following:

1. **PERSONAL COUNSELING:** (including elements of alcohol/drug education) provided through the intervention coordinator, and/or referral to other resource(s) when appropriate.
2. **PERSONAL COUNSELING** with a mental health professional at a community treatment facility.
3. Referral for treatment/counseling and aftercare planning to a community based INTENSIVE OUTPATIENT program. Typically, these programs involve both individual and group counseling, and may include a component of family counseling. The intervention coordinator in cooperation with the MRO and the drug testing coordinator coordinates aftercare, an essential component of this treatment program.
4. Referral for treatment and aftercare planning to a community based IN-PATIENT TREATMENT facility. Typically, these programs involve intensive individual and group counseling in a residential setting. Every effort is made to include a component of family counseling in the overall treatment program. While the OSUDA has identified several excellent residential treatment programs in the Columbus area, the department will work cooperatively with the student-athlete and his/her family in locating and making a referral to a treatment facility closer to the student-athletes hometown if desired. Aftercare, an essential component of this treatment program, is coordinated through the intervention coordinator in cooperation with the MRO and the drug testing coordinator.

   **NOTE:** If a student-athlete is referred to an IN-PATIENT TREATMENT setting while he/she is enrolled and attending classes, a medical withdrawal can be facilitated on behalf of the student-athlete.