



## OHIO STATE WOMEN'S SWIMMING &amp; DIVING RECORD BOOK

Gail Armstrong	55.37	1985
Mary Nicolai	58.08	1983

**200 BUTTERFLY**

Griet Buelens	1:59.09	2005
Shannon Draves	1:56.35	2012
Shannon Draves	1:55.12	2013
Susan Gottlieb	2:00.10	1991
Gail Armstrong	2:02.03	1987
Janelle Bosse	2:03.15	1986
Janelle Bosse	2:04.58	1985
Carol Moyer	2:02.90	1983
Debbie Pyykko		1980
Chris Hogan		1979

**200 MEDLEY RELAY**

Ballard, Fightmaster, Lay, McGovern	1:47.48	1983
Ballard, Lee, Lay, Paumier	1:47.13	1982

**400 MEDLEY RELAY**

Bosse, Fightmaster, Armstrong, Schwerzler	3:52.41	1986
Ballard, Fightmaster, Armstrong, Hyde	3:49.10	1985
Ballard, Fightmaster, Lay, Hyde	3:52.45	1984
Ballard, Fightmaster, Nicolai, McGovern	3:51.96	1983

**200 FREESTYLE RELAY**

Rayner, Li, McNichols, Coy	1:27.08	2018
Li, Dzierzak, Jongekrijg, McNichols	1:28.29	2016

**400 FREESTYLE RELAY**

Ambrosius, Cottrell, Humphrey, Goff McGovern, Ballard, Fox, Paumier	3:23.58	1991
	3:28.73	1982

**800 FREESTYLE RELAY**

Humphrey, Cottrell, Gottlieb, Goff	7:20.47	1991
Ballard, Skowron, Heavey, Bosse	7:30.03	1985
Kuglitsch, Bambrugger, Pearson, Meyer	7:35.50	1983
McGovern, Hawk, Pearson, Fox	7:34.57	1982

**ONE-METER DIVE**

Bianca Alvarez	360.65	2012
Carrie Ziebarth	412.50	2000
Aimee Hogan	425.85	1996
Janette Stephenson	457.40	1994
Kelly McCormick	457.08	1983
Kelly McCormick	583.45	1982
Barb Weinstein		1977
Carrie Irish-Finneran		1975

**THREE-METER DIVE**

Bianca Alvarez	410.65	2012
Julie Broms	583.45	2005
Holly Underwood	498.15	2000
Aimee Hogan	507.80	1996
Karen Dalton	548.85	1995
Laura Profumo	525.60	1990
Laura Profumo	507.92	1989
Karen LaFace	531.99	1987
Kim Fugett	482.61	1984

Kelly McCormick	517.95	1983
Kelly McCormick	534.87	1982
Carrie Irish-Finneran		1979
Carrie Irish-Finneran		1978
Carrie Irish-Finneran		1975

**10-METER PLATFORM DIVE**

Cheyenne Cousineau	326.10	2012
Natalia Diea	465.50	2001
Sharon Wong	564.60	1998
Sharon Wong	553.45	1996
Laura Profumo	464.00	1990
Laura Profumo	542.20	1989
Carrie Ziebarth	549.15	1997

**FIRST-TEAM ALL-BIG TEN**

Bianca Alvarez	2012
Laura Ambrosius	1991
Gail Armstrong	1985, 86, 87, 88
Meg Bailey	2018
Marci Ballard	1982, 83, 84, 85
Megan Bambrugger	1983
Kimberly Black	1997
Janelle Bosse	1985, 86, 87, 88
Julie Broms	2005
Griet Buelens	2005
Suzi Burt	1990
Lindsay Clary	2016, 17
Erika Cottrell	1991
Cheyenne Cousineau	2012
Maria Coy	2018
Karen Dalton	1995
Kathrin Demler	2019
Natalia Diea	2001, 03
Shannon Draves	2012, 13
Rachael Dzierzak	2016
Teresa Fightmaster	1983, 84, 85, 86
Kim Fugett	1984
Laura Fox	1982
Stacia Goff	1991
Susan Gottlieb	1989, 90, 91
Sally Hawk	1982
Carol Ann Heavey	1985
Katie Hedman	1991, 92
Aimee Hogan	1996
Holly Humphrey	1991, 92
Jocelyn Jay	1993, 94, 95
Ruth Hyde	1984, 85
Annalise Jongekrijg	2016
Sue Kuglitsch	1983, 84
Karen LaFace	1985, 87, 88
Leslie Lay	1982, 84
Joni Lee	1982
Liz Li	2016, 17, 18
Joyce Lightfoot	1990
Macie McNichols	2016, 18
Erica Meyer	1983
Kelly McCormick	1982, 83
Cathy McGovern	1982, 83
Carol Moyer	1983
Mary Nicolai	1983
Teri Paumier	1981, 82
Nancy Pearson	1982, 83
Laura Profumo	1989, 90
Freya Rayner	2018
Trisha Schwerzler	1986
Betsy Skowron	1985
Janette Stephenson	1994
Holly Underwood	2000
Ashley Vance	2014
Shaun Wong	1996, 1998
Carrie Ziebarth	2000

**OHIO STATE TEAM CHAMPIONSHIPS**

1982	Jim Montrella
1983	Jim Montrella
1984	Jim Montrella
1985	Jim Montrella
1986	Jim Montrella

**SWIM COACH OF THE YEAR**

1985	Jim Montrella
1991	Jim Montrella

**DIVING COACH OF THE YEAR**

1993	Vince Panzano
1996	Vince Panzano
2000	Vince Panzano

**SWIMMER OF THE YEAR**

1985	Janelle Bosse
1986	Janelle Bosse
1990	Susan Gottlieb
1991	Susan Gottlieb
1995	Jocelyn Jay

**DIVER OF THE YEAR**

1985	Karen LaFace
1986	Karen LaFace
1996	Aimee Hogan
2012	Bianca Alvarez

**FRESHMAN OF THE YEAR**

2018	Kristen Romano
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**OHIO STATE ATHLETE OF THE YEAR**

1987	Karen LaFace
1990	Susan Gottlieb
1991	Susan Gottlieb

**NCAA CHAMPIONS**

Name	Event	Year
Janelle Bosse	400 IM	1987
Chelsea Davis	3-M Dive	2008
Natalia Diea	10-M Platform Dive	2003
Kim Fugett	3-Meter Dive	1988
Karen LaFace	1-Meter Dive	1987

**SWIMMING ALL-AMERICANS**

Laura Ambrosius	1991
Gail Armstrong	1985
Marci Ballard	1982, 83, 84, 85
Jennifer Berger	1992, 93
Janelle Bosse	1985, 86, 87, 88
Lindsay Clary	2016, 17
Erika Cottrell	1991, 92, 93
Maria Coy	2018
Shannon Draves	2013
Natalia Diea	2003
Ann Emmenecker	1975
Teresa Fightmaster	1983, 1985
Laura Fox	1982
Stacia Goff	1991, 1992
Susan Gottlieb	1989, 90, 91
Gulsah Gunenc	2006
Sally Hawk	1982
Katie Hedman	1992, 93, 94, 95
Holly Humphrey	1991, 92, 93
Ruth Hyde	1985
Jocelyn Jay	1993, 94, 95
Molly Kowal	2018, 19
Sue Kuglitsch	1983
Leslie Lay	1982
Sunny Lambson	1992
Liz Li	2016, 17, 18
Joni Lee	1981, 82

Cathy McGovern	1982, 83
Macie McNichols	2018
Erica Meyer	1982
Mary Nicolai	1983
Jody Ochab	1982
Terri Paumier	1982
Nancy Pearson	1982
Freya Rayner	2018

**DIVING ALL-AMERICANS**

Bianca Alvarez	2008, 10, 11, 12
Kristen Asman	2008, 09
Katie Bell	2009
Jennifer Chandler	1978
Cheyenne Cousineau	2013
Karen Dalton	1994
Chelsea Davis	2008, 10
Natalia Diea	2001, 03
Kim Fugett	1983, 84, 86, 87
Debbie Fuller	1988
Laura Gaudes	1994
Amanda Glenner	1980, 81, 82
Aimee Hogan	1996
Sheri Hornstein	1979, 80, 81, 82
Carrie Irish	1976, 77, 78, 79
Karen LaFace	1986, 87, 88
Kelly McCormick	1982, 83
Laura Profumo	1988, 89, 90
Debbie Rush	1980, 81, 82
Janette Stephenson	1994
Carrie Ziebarth	1998
Lara Tarvit	2018