

WOLSTEIN LEADERSHIP ACADEMY

What is the Wolstein Leadership Academy?

The Wolstein Leadership Academy is a comprehensive program crafted to assist our student-athletes on their personal leadership journey. They will be exposed to programming that will help define who they are as a leader and develop essential leadership skills by participating in a variety of personal and professional development activities.

Mission

In conjunction with the Department of Athletics Mission Statement the Wolstein Leadership Academy will prepare student-athletes to achieve excellence in life. We will develop leaders through an appreciation of life-long learning that will ready them to become influential, positive role models in the community.

Who Can Apply?

Any student-athlete who will be enrolled in classes during the 2019–2020 academic year.

What to Expect

Student-athletes can apply for one of two summer retreats:

Retreat 1: May 6 – 8, 2019

Retreat 2: August 14 – 16, 2019

The summer retreat is a leadership intensive, three-day, two-night retreat. While at the retreat, student-athletes participate in a variety of leadership discussions, activities, and guest speakers. Through the Wolstein Challenge, student-athletes are tasked with implementing their new skills through high energy activities that simulate athletic competition. Additionally, five leadership sessions are offered throughout the academic year to foster continuous leadership growth.

Session Topics

Topics include initiative, personal accountability, feedback, team building, strategic leadership, team work, mindfulness, empowerment, team culture, emotional intelligence, self-discipline, and leaving a legacy, among others.

